

## SERVICES PROVIDED

- treatment to establish healthy gums
- amalgam or tooth colored fillings
- saving damaged or infected teeth
- partial dentures with or without metal clasping
- full dentures that defy age and stay stable
- gold or tooth colored crowns
- replacement of missing teeth
- traditional or biological dentistry
- oral cancer screening
- treatment of cracked or sensitive teeth
- restore years of wear or neglect
- comfortable root canal therapy
- dentistry for the fearful
- smile design and cosmetic dentistry
- rebalance forces of an uneven bite
- orthodontics without braces
- cleaning of teeth by a hygienist
- reestablish effective chewing ability
- bridgework or dental implants
- fillings and restorations made of ceramics or porcelain and free of metal
- treatment of gum disease or bleeding gums
- emergency care for relief from pain, infection or cosmetic embarrassment
- house call or nursing home visit
- examination and treatment of jaw joint conditions (TMJ/TMD)
- denture repair, reline and rebasing
- treatment for poor bite also known as functional malocclusion
- take home or Zoom 1 hour whitening
- treatment for snoring and sleep apnea
- stabilization of mobile or drifting teeth
- dentistry for seniors
- phase treatment over time or choose concentrated comprehensive scheduling
- replacement of mercury fillings
- removal of hopeless teeth
- free initial consultation or second opinion
- preventive dentistry on a routine schedule
- pain-free laser detection of decay
- laser assisted procedures
- cosmetic and esthetic dentistry
- options for "extreme makeover" dentistry

We are can customize your treatment in order to facilitate your budget and schedule.

## WELCOME

Dear Neighbor,

Thank you for taking an interest in this dental practice. You now have the opportunity to achieve optimum oral health and appearance.

Please talk to us about what's important to you. The quality of the patient-dentist dialogue helps make dentistry rewarding for the both of us.

Our staff is friendly and experienced, and they can help you with even the smallest details. Our facility is modern and promotes our goal to treat each patient individually.

Once necessary dental work is completed, we then stress prevention. This means we require that you visit us twice a year for examination and cleaning of your teeth and gums.

After twenty-nine years of practice my proudest accomplishment is the accumulation of knowledge through rigorous continuing dental education. For my patient this relates to more information, better choices, relevant communication and greater understanding about the newest science and technology in dentistry.

Looking forward to helping you achieve your best possible smile.

Sincerely,  
Thomas R. Nalepka, DDS, Ltd.

**For an appointment  
Phone 694-0606**

## INFORMATION FOR PATIENTS ABOUT

### The Dental Practice of **Dr. Thomas R. Nalepka**



General Dentist

- IN PRACTICE SINCE 1982
- ACTIVE IN CONTINUING EDUCATION
- OPEN TO THOROUGH DISCUSSION
- TRUSTED TO PUT OPTIONS IN WRITING
- WELCOMING THOSE WITH THE MOST COMPLEX AND CHALLENGING DENTAL PROBLEMS

**809 W. Camp Street  
East Peoria, IL 61611  
Phone 309-694-0606**

**Web site: [www.docnalepka.com](http://www.docnalepka.com)**

***You're welcome even if  
you haven't seen a  
dentist in years.***

## **PAYMENT ARRANGEMENTS AND DENTAL INSURANCE**

Effort is made to keep the cost of dental care under control. Fees charged are determined by time spent and vary with complexity and laboratory work involved. Before treatment begins, fees and procedures are explained.

Charges for professional dental services are due at the time of treatment unless prior written arrangements are made. Visa, MasterCard, Discover, Care Credit, cash, assignment of insurance benefit, and personal check are acceptable forms of payment.

This office accepts most dental insurance plans offered at your place of employment. The co-payment and deductible are the patient's responsibility to pay at time of service. Understanding the specific details of any insurance plan is the sole obligation of the patient.

A predetermination is a written estimation of coverage for planned dental work. This document can be submitted on your behalf to an insurance company prior to initiating treatment. We process predeterminations free of charge.

## **PATIENT'S CHOICE DENTAL CARE**

This is our unique way of helping the patient choose a level of care, a payment plan, and a fee structure that is comfortable for their budget and time schedule. Dental insurance is not necessary.

Features include:

1. individualized fee arrangements
2. a zero interest payment plan, for those with good credit
3. coordination with existing dental insurance\*
4. immediate access to care
5. no hidden fees, no restrictions
6. free initial consultation by request

\*rules and regulations of any current insurance plan still apply

## **SEQUENCING TREATMENT**

Dr. Nalepka is an advocate of The Concept of Complete Dentistry where:

1. Initially, gum disease, decay, infection, hopeless teeth, and cosmetic embarrassment are treated. Disease elimination is the objective. Requirements necessary to prevent future disease are established.
2. After better health is regained, a plan for long term stability in structure and function is made. Influencing factors include:
  - the patient's ideas
  - lingering symptoms
  - existing conditions like quality of current dental work, missing teeth, drifted teeth, mobile teeth, and prognosis of possible previous gum disease
  - consultation with specialists
  - health of the jaw joints
  - harmful habits like smoking or teeth grinding or clenching
  - cosmetic goals
  - nutrition
  - oral hygiene routine
  - systemic health
  - investment allowance
  - scheduling requirements
3. Then final restorative work is completed. This might include any combination of fillings, crowns, bridges, partial dentures, complete dentures, implants and veneers.

## **ABOUT THE PRACTICE**

This is a practice of general dentistry. Focus is on providing advice and treatment like we would give to our own family. Our wish is to have our patients understand that dental health requires a lifelong commitment to regular dental checkups and routine home care.

## **ABOUT THE DENTIST**

Dr. Nalepka lives in Washington, IL. He was born in Chicago and got his undergraduate and dental degree from the University of Illinois. The move south to the heart of Illinois occurred in 1987, and the purchased his dental practice occurred in 1992. Memberships include the American Dental Association, Peoria Dental Society, The Academy of General Dentistry, The Academy of Laser Dentistry, and the Rotary Club of East Peoria. Academic programs include the University of Minnesota continuum for esthetic dentistry multi-year program, the Misch Institute for implant surgical and prosthetic training, The United States Dental Institute for orthodontics, and continuum six at the L. D. Pankey Institute in Key Biscayne for restorative dentistry.

## **ON YOUR FIRST VISIT**

A medical history, dental history and registration form is completed. If you request a cleaning, you will be seen by the hygienist; otherwise the dentist will see you. Necessary x-rays are taken. If you have an emergency or a major concern, it may be addressed. The results of the examination will be discussed and dialogue is encouraged. Options for treatment are reviewed. If a plan of treatment is reached, then it is put in writing for your inspection and authorization. Of course, fees and insurance coverage is estimated.

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phone 694-0606.**